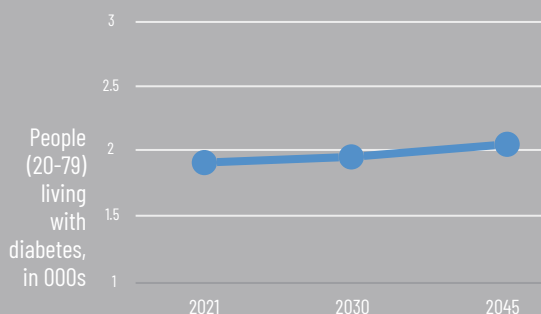




AN OVERVIEW OF DIABETES CARE

DIABETES PREVALENCE



Diabetes prevalence

5.1%

Of which, undiagnosed 31.4% (600 people)

Children & adolescents with T1D (0-19y) 26

Source: IDF Diabetes Atlas 10th edition 2021

In the Faroe Islands, all types of insulin as well as devices and technologies for blood glucose monitoring and insulin administration are available for free for all children living with diabetes. Adults living with diabetes are required to contribute approximately €500 per year to the cost of their prescription medicines and devices before gaining access to them free of charge.

There is no national strategy for diabetes prevention. However, the Faroese Diabetes Association collaborates closely with the Ministry of Health, which demonstrates a willingness to enhance efforts on the prevention of diabetes and other non-communicable diseases (NCDs).

Healthy living policies and recommendations targeting healthy food, smoking and regulations for healthy diets are in place. Screening for all diabetes-related complications is available everywhere in the country.

Diabetes education is provided at the time of diagnosis and throughout the life course for people living with Type 1 diabetes (T1D) in specialist diabetes clinics. For people living with Type 2 diabetes (T2D), education is provided by general practitioners and diabetes nurses. However, diabetes nurses are not available at all primary care practices and people living with T2D do not always have access to education as recommended.

Diabetes specialist nurses are required to follow a special academic training and they play a role in diabetes prevention and management. They are, however, not able to prescribe medicines.

DIABETES PREVENTION & MANAGEMENT

● YES ● WITH VARIATIONS ● NO

HEALTHY LIVING POLICIES



Obesity/overweight



Healthy food & diet



Physical activity



Smoking



Regulations for healthy diets

PREVENTION OF COMPLICATIONS



Eye screening



CVD



Kidney disease



Diabetes foot



Gestational diabetes

EDUCATION



At or around the time of diagnosis



Throughout the life course



Integrated peer-to-peer support

Is there a programme to follow mothers with gestational diabetes after the birth of the baby?
Yes, everywhere in the country

NATIONAL PLAN?

Stand alone
Partly implemented

PREVENTION & MANAGEMENT GUIDELINES

No

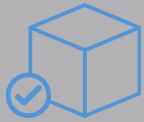
MONITORING FRAMEWORK?

No

GOVERNMENT ENGAGEMENT WITH PwD?

Yes

ACCESS TO CARE, TECHNOLOGIES, MEDICINES AND SUPPLIES



Is INSULIN available at the point of delivery?

- Always
- Most of the time
- Sometimes
- Not often
- Never



Is available INSULIN free of charge?*

- For all PwD
- For all T1D only
- For children only
- Other



Children

- Short-acting regular insulin
- Rapid-acting (analogues)
- Ultra-rapid-acting analogues
- Intermediate-acting
- Long-acting



Adults



- Short-acting regular insulin
- Rapid-acting (analogues)
- Ultra-rapid-acting analogues
- Intermediate-acting
- Long-acting

*Free of charge for adults after they have contributed approximately €500 per year to the cost of their prescriptions

APPS



Do apps get recommended by the health system/HCPs to manage/prevent diabetes?	YES
When they are recommended, are these apps fully reimbursed?	NO

SUPPLIES & TECHNOLOGIES

Free of charge for all PwD

Syringes & Needles

Insulin pens

Blood glucose meters

Test strips

Connected smart pens

Free of charge for T1D

rtCGMs*

isCGMs**

Insulin pumps

Automated delivery systems

*real-time continuous glucose monitors.
**intermittently scanned continuous glucose monitors.

Supplies and technologies for blood glucose monitoring and insulin delivery are free of charge for adults after they have contributed approximately €500 per year to the cost of their prescriptions

ARE SUPPLIES TECHNOLOGIES AVAILABLE AT THE POINT OF DELIVERY?

- Always
- Most of the time
- Sometimes
- Not often
- Never

PSYCHOLOGICAL SUPPORT

PSYCHOLOGICAL SUPPORT PROVIDED AS PART OF DIABETES CARE?

Available at a cost



AVAILABLE AT THE POINT OF DELIVERY? ● YES ● MOST OF THE TIME ● SOMETIMES ● NOT OFTEN ● NO

GLUCAGON - METFORMIN/SULFONYLUREAS

Glucagon

Nasal
Glucagon

FREE OF CHARGE?

For all PwD

For all T1D only

For children only

Other



FREE OF CHARGE?

For all PwD

For adults only

For children only

Other

Metformin

Sulfonylureas

Not reimbursed

OTHER DIABETES MEDICINES

GLP1
analogue

DPP4
inhibitor

SGLT2
inhibitor

Meglitinide

Alpha
glucosidase
inhibitor

Free of charge for adults after they have contributed approximately €500 per year to the cost of their prescriptions

CARDIOVASCULAR MEDICINES

Calcium
channel
blockers

Beta
blockers

ACE
inhibitors

Thiazide
diuretics

Statins

Ezetimibe

PCSK9
inhs

Free of charge for adults after they have contributed approximately €500 per year to the cost of their prescriptions

HEALTH SYSTEMS

● YES ● NO

- Are diabetes specialist nurses (DSNs) available?
 - Do nurses play a role in diabetes prevention?
 - Is there a special academic training required to become a specialist diabetes nurse?
 - Are nurses allowed to prescribe medicines?
- Do nurses play a role in the diabetes management of?







 - Adults & children with T1D
 - People with T2D
 - Women with GDM

● Do people living with diabetes have access to specialist diabetes educators?

HOW WIDESPREAD IS THE USE OF E-HEALTH?

AVAILABLE FOR ALL PEOPLE LIVING WITH DIABETES? ● YES ● NO

AVAILABLE AT THE SAME COST AS TRADITIONAL OPTIONS? ▲ YES ■ NO

<p>Online appointment management  ■</p> <p>Telephone consultations  ▲</p> <p>Electronic prescriptions  ▲</p>	<p>Video consultations  ■</p> <p>SMS & EMAIL consultations  ■</p> <p>Telehealthcare & Remote monitoring  ■</p>
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ELECTRONIC HEALTH RECORDS?

● YES ● NO

●

WORKING DIABETES REGISTER?

No

