

PRIMARY PREVENTION WEBINAR

IDFE TWINNING PROGRAMME



FORUMUL  
ROMÂN  
DE DIABET

# ROMANIAN DIABETES PREVENTION LAW

CRISTINA MARIA PETRUT – VP.  
ROMANIAN FEDERATION OF PATIENT  
DIABETES ASSOCIATIONS

- **Partnership** between RSDNMD, RFDNMB and the diabetes working group of the Romanian Association of international medication producers (ARPIM)
- Support from 10 professional organisations
- Support from 10 diabetes patient organisations

**Vision:** consolidate a medical system focused on the patient with positive impact on education, prevention and early diagnosis of diabetes in Romania!



# ROMANIAN DIABETES FORUM

A PLATFORM OF  
COLLABORATION

The problem: 1 of 10 Romanians have diabetes and 1 of 3 have prediabetes



No information



No awareness



No education



No registries



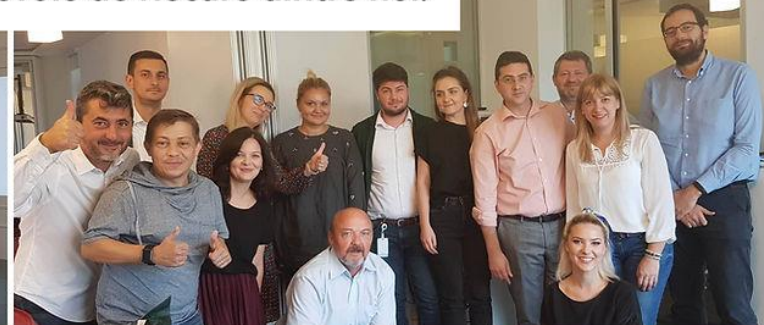
Not enough  
interest from  
Politicians

# Many consultations – Summer of 2019 Document to the health Committee



**Primul an împreună.**

**Pentru a fi sănătoasă, România are nevoie de fiecare dintre noi.**

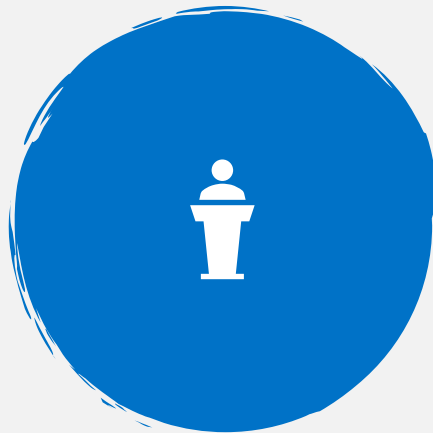


# 13 November 2020 – Law of prevention has been approved and registered at the Romanian Parliament





Education about  
healthy lifestyle  
since school



Early diagnosis  
and screening for  
diabetes



Registries for  
people with  
diabetes and  
prediabetes

Legal directions for institutions  
to follow a national protocol

# Implications

The prevention law targets  
multiple factors of prevention.

**WHERE ARE WE  
SITTING TODAY?**





## But in the meantime:

- Initiatives that support the importance and need of the prevention law
- Looking for new organisations that would join the cause.
- Consolidate the relationship with the parliamentaries and health representatives

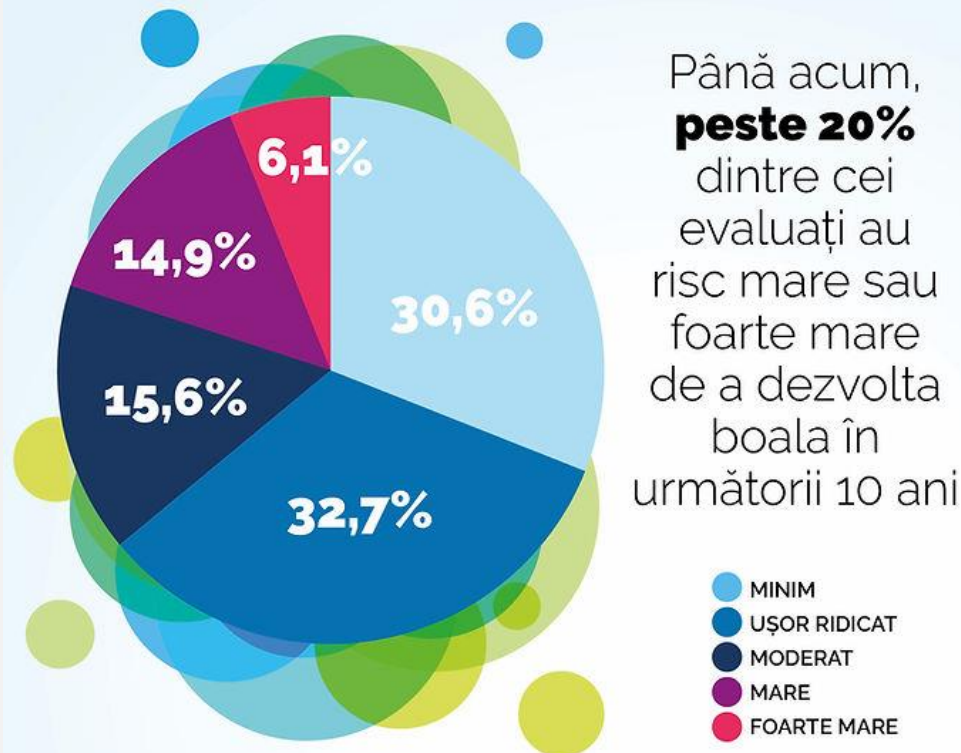


We are searching the one million missing (there are 1 mil people that are not yet officially diagnosed with diabetes)

Căutăm milionul lipsă.  
**ȘI TU POTI AJUTA!**



# Proiectul pilot de evaluare a riscului de diabet zaharat în farmacii continuă!



Pentru calcularea nivelului de risc au fost prelucrate datele din 4057 chestionare completate în perioada mai - iulie 2023. Chestionarul a fost aplicat persoanelor de +18 ani, încă nediagnosticate cu diabet.

Proiect dezvoltat de



Cu sprijinul



Evaluation questionnaire  
+ educational material



# FORUMUL ROMÂN DE DIABET

**EDIȚIA A III-A**



# Meetings



# ÎNTÂLNIRE TEHNICĂ



# FORUMUL ROMÂN

# CHALLENGES

- THE PREVENTION LAW HAS BEEN APPROVED DURING THE PANDEMIC – THE FOCUS WAS NOT ON DIABETES
- DIFFICULTIES TO MAINTAIN DIABETES ON THE AGENDA
- POLITICAL UNCERTAINTY
- ORGANISING ALL THE STAKEHOLDERS
- NATIONAL BUDGETS

# LEARNINGS

- NEED FOR COLLABORATION WITH DIFFERENT STAKEHOLDERS
- CREATE A GOOD RELATIONSHIP WITH THE MEMBERS OF THE PARLIAMENT THAT CAN SUPPORT YOUR CAUSE
- BE VISIBLE
- BE PATIENT 😊



**QUESTIONS?**

**THANK YOU**