

DIABETES IS ONE OF THE MAJOR ROOT CAUSES OF MANY OTHER NONCOMMUNICABLE DISEASES AND OTHER COMPLICATIONS



CARDIOVASCULAR DISEASE (CVD)

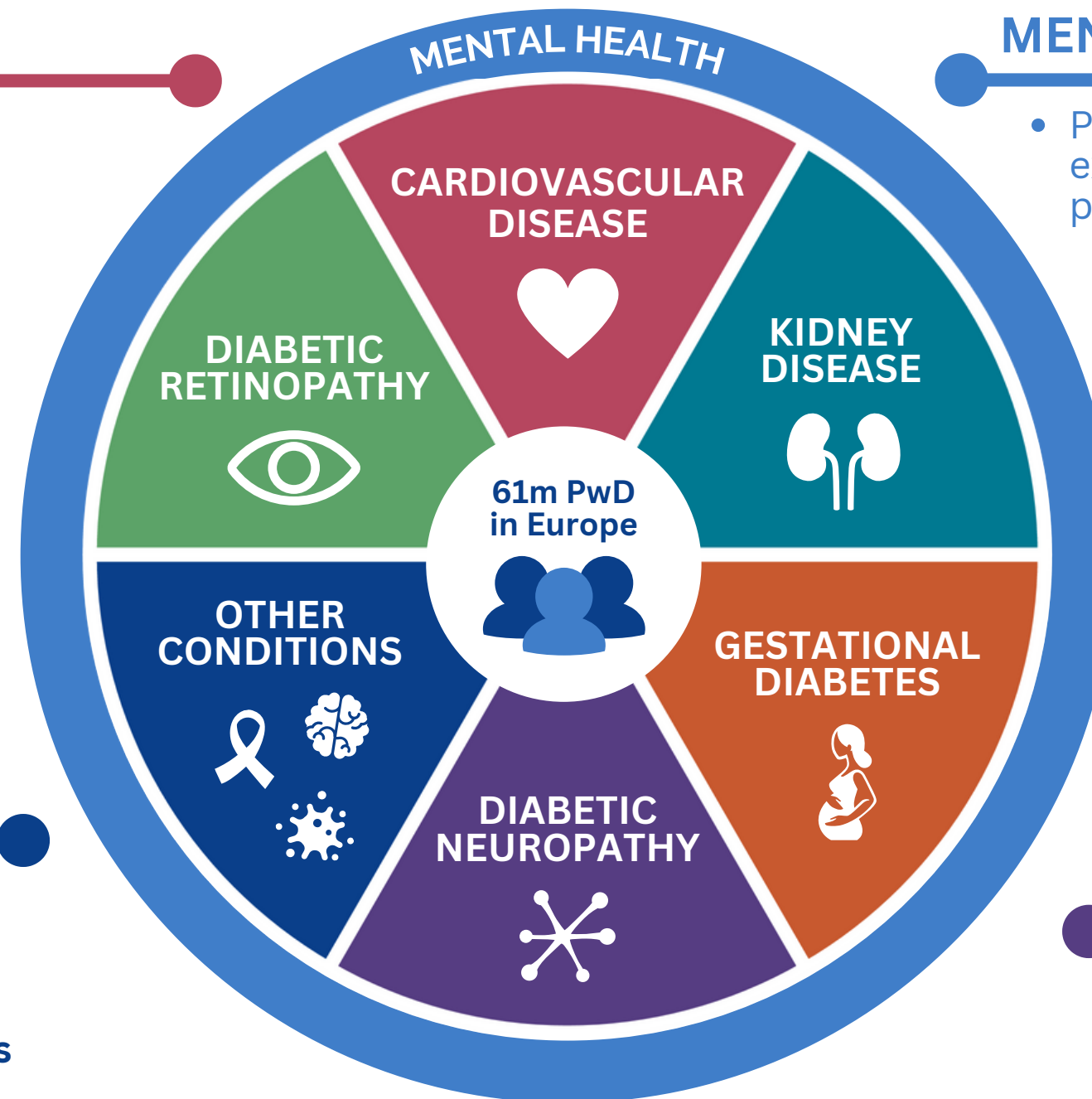
- **1/3 of PwD** develop **CVD**
- PwD are at **increased risk** of having a **HEART ATTACK** and **>2X** more likely to develop **HEART FAILURE** than people without diabetes
- **HYPERTENSION** is **twice as frequent** in PwD compared with people without diabetes

DIABETIC RETINOPATHY

- **1/3 of PwD** develop **DIABETIC RETINOPATHY (DR)**
- DR can develop into **DIABETIC MACULAR EDEMA**, leading to **vision impairment** and **blindness**

OTHER CONDITIONS

- **20% of people living with cancer** have diabetes
- PwD are **1.5-2X** more likely to have a **STROKE** than people without diabetes
- PwD are at **heightened risk** of developing a **serious and more deadly form of COVID-19**
- Diabetes is also associated to **hearing loss, lung diseases, non-alcoholic fatty liver disease, sexual dysfunctions, infections** and **obesity**



MENTAL HEALTH

- PwD are **2-3X** more likely to experience **DEPRESSION** than people without diabetes

KIDNEY DISEASE

- About **40%** of PwD develop **KIDNEY DISEASE**
- **Diabetes/+ hypertension** cause **80%** of **END-STAGE RENAL DISEASE**

GESTATIONAL DIABETES

- **GESTATIONAL DIABETES (GDM)** is associated with multiple **adverse pregnancy outcomes**
- **GDM** increases the risk for the mother and the child to develop **T2D** in later life

DIABETIC NEUROPATHY

- **Up to 1/2 of PwD** have **PERIPHERAL NEUROPATHY**
- **About 1/3 of PwD** develop **foot ulcers**, of whom approximately **50%** will become **infected** and **20%** **amputated**