

TWINNING PROGRAMME

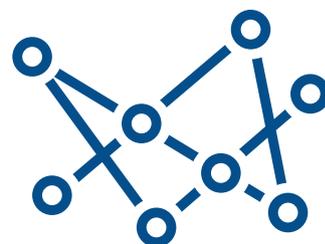
CONNECT, GIVE, RECEIVE

IDF Europe's knowledge exchange programme for Member Associations

The discovery of insulin saved millions of lives over the past 100 years. Much remains to be done to ensure that People living with Diabetes achieve the highest attainable standard of health. At IDF Europe, **we applaud the work of our member associations and their tireless efforts in making the needs of PwD more visible.** Their role is more critical than ever to ensure **more inclusive and accessible diabetes care** over the next 100 years.

In this context, IDF Europe is developing a **Twinning Programme for associations to connect, exchange knowledge, and strengthen their impact.**

The objective of the Twinning Programme is to build on national expertise and **foster strategic collaboration** between member associations to grow their capacity. By doing so, **one's strengths can be used to support someone else's needs.**



This programme is an excellent opportunity for associations to maximise the impact of their activities by **CONNECTING, GIVING** and **RECEIVING** support.

HOW DOES IT WORK?

The Twinning Programme is about what works best for you!

Through this programme, you will be able to twin with another association to receive support or work on a common project, based on the skills and knowledge that your association needs.

In consultation with your twinning association, you will be defining the format, topic and duration of the collaboration. This will make sure that the collaboration reflects the specific support that one association would like to give and/or receive.

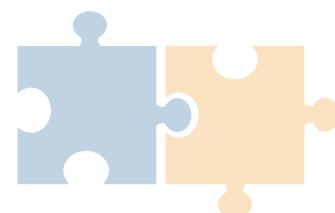


HOW DO I FIND A MATCHING ASSOCIATION?

There are two ways you can apply for a match and start developing your own Twinning Programme with another association. IDF Europe will first map our associations' strengths and needs, and then share the results so that you can learn about other member associations and what type of support they need and/or are able to provide.

You will then have two options

1. Apply to be matched with a specific association
2. Apply to be matched by IDF Europe with the association that best fits your competences and needs



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We prepared some examples to help you identify some **potential collaboration formats**, and envision what the Twinning Programme could look like for your association:

WHAT DOES TWINNING LOOK LIKE?



Staff exchange



Workshops



Collaborating on common projects



Providing or receiving advice



Organising events



Sharing best practices



Presentations



Reviewing strategies or documents

THE ROLE OF IDF EUROPE

The role of IDF Europe is to **support and facilitate** the collaboration between all the associations interested in participating in the Twinning Programme. Where required, IDF Europe will facilitate the **matching process** and the **agreements** on content, format, and duration of the collaboration. As required, **financial support** will be provided, as will organisational help.

Participating in this programme is a **unique opportunity** to maximise the impact of your association **in three different ways**:

WHY PARTICIPATING?

CONNECT

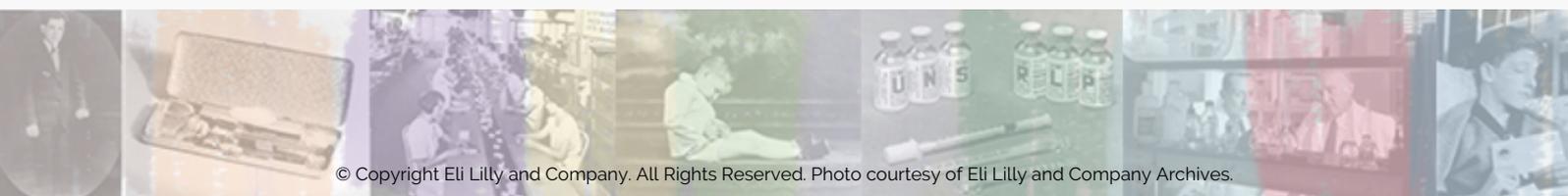
By connecting with other diabetes associations across Europe, you will help to **strengthen the network of diabetes advocates** and to create closer bonds. A stronger network of diabetes associations is the foundation for delivering **impactful advocacy** and **sharing knowledge**.

RECEIVE

You get the opportunity to receive **tailored support** in the specific areas you would like to strengthen. Improving associations' communications, management or fundraising activities often requires expertise and resources. These are not always available and/or accessible. Through the Twinning Programme you will have the opportunity to receive the support you need from another association who already has such **expertise and resources**, and who knows how to deploy them in the field of diabetes.

GIVE

The Twinning Programme is an opportunity to reflect on your **strengths** and on how use them to **contribute** to the improvement of other associations' activities. By doing this, you are able to **share the potential of your organisation** externally and enhance the impact of diabetes associations across Europe.



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THE 5 STEPS OF THE TWINNING PROGRAMME



1

Mapping

Fill in the survey on your association's competences and needs



2

Matching

Check out the results of the mapping phase and apply for a match



3

Consultation

Discuss the format, topic and duration of the programme with IDF Europe and associations of interest to you.



4

Agreement

Conclude an agreement with one or more matching associations



5

Programme implementation

Twin up! CONNECT, GIVE and RECEIVE support!

INFORMATION WEBINAR

We would like to invite all our member associations interested in participating in the Twinning Programme to an information webinar on **January 20, 12:00-13:00 CET.**

You will learn more about the programme, the type of support you can receive, the matching process, the types of collaboration, and more. The webinar will include a Q&A session where you can share all your questions and/or suggestions about the programme.

IDF Europe's Centenary of Insulin Programme is supported by
Lilly Diabetes and Novo Nordisk

