



Twinning Programme Information Webinar

20 January 2022



**International
Diabetes Federation**
Europe

IDF Europe's 2022 work to strengthen member associations and the diabetes community

- **Twinning Programme**
Facilitation of a knowledge exchange programme tailored to the specific needs of our member associations
- **Workshops, webinars and supporting material**
Development of specific workshops, webinars, tools and other material in key areas of interest for our member associations
- **Expert groups**
Creation of groups of experts for ad-hoc and in-depth expertise support to our member associations in their specific areas of interest

The Centenary of Insulin Twinning Programme

The project aims to strengthen the capacity of our Member Associations (MAs), with a view to elevating the voice of people living with diabetes across Europe. This will be done in two areas:

- MAs' operations (e.g., fundraising, succession planning, strategic development etc.)
- MAs' key areas of activities (education, awareness-raising, advocacy etc.)

A secondary objective is to strengthen bonds within the diabetes community, nurture and expand the network of diabetes advocates.



What does Twinning look like?

You will be defining:

- Format
- Topic
- Duration

The role of IDF Europe:

- Overall support and facilitation
- Financial support
- Organizational help

Matching options:

1. Apply to be matched with a specific association
2. Apply to be matched by IDF Europe with the association that best fits your competences and needs

Staff exchange



Reviewing documents, campaigns or strategies



Collaborating on common projects



Sharing best practices



Organising workshops



Giving or attending presentations



Providing or receiving advice



Organising events



The 5 steps of the Twinning Programme



1

Mapping

Fill in the survey on your association's competences and needs



2

Matching

Check out the results of the mapping phase and apply for a match



3

Consultation

Discuss the format, topic and duration of the programme with IDF Europe and associations of interest to you.



4

Agreement

Conclude an agreement with one or more matching associations



5

Programme implementation

Twin up! CONNECT, GIVE and RECEIVE support!

Twinning Programme Timeline

Information webinar

Learn more about the Twinning Programme and ask your questions

Mapping survey results

On this date we will share the results of the mapping survey for you to find your matching association

Follow up

IDF Europe will contact you to start the matching consultation and set up your Twinning Programme

Deadline mapping survey

Send us the mapping survey filled in by your association

Deadline applications

Submit your application

Regional Council

Discuss the programme and share best practices

Jan 20

Feb 15

Feb 28

Mar 16

Apr 01

Dec 04

Discuss internally the strengths and needs of your association and fill in the mapping survey

Start thinking about potential matches for your association, format, topic and duration of the programme

Check the results of the survey and identify one or more associations you would like to be matched with / ask to be matched by us

We process the applications and facilitate the matches between associations where needed

Twinning Programme implementation

Feb 15

Mapping Survey

The aim of this survey is to map our associations' strengths and needs to create an overview of the expertise that could be exchanged and the gaps that need to be filled.

What do you need to do at this stage?

- Discuss internally the **strengths areas** about which your association would like to share expertise/knowledge
- Discuss internally the **needs areas** where your association would like to improve knowledge/develop expertise
- **Fill in the survey** on behalf of your association before February 15
- After sending the survey, start thinking about potential matches, format, topic, and duration of the exchange

STRENGTHS

NEEDS

Diabetes prevention

Diabetes management and care

Access to medicines/technologies

Healthcare re-organisation

Patient empowerment

Membership development

Association management

Income source and fundraising

Policy, advocacy and communications

Others

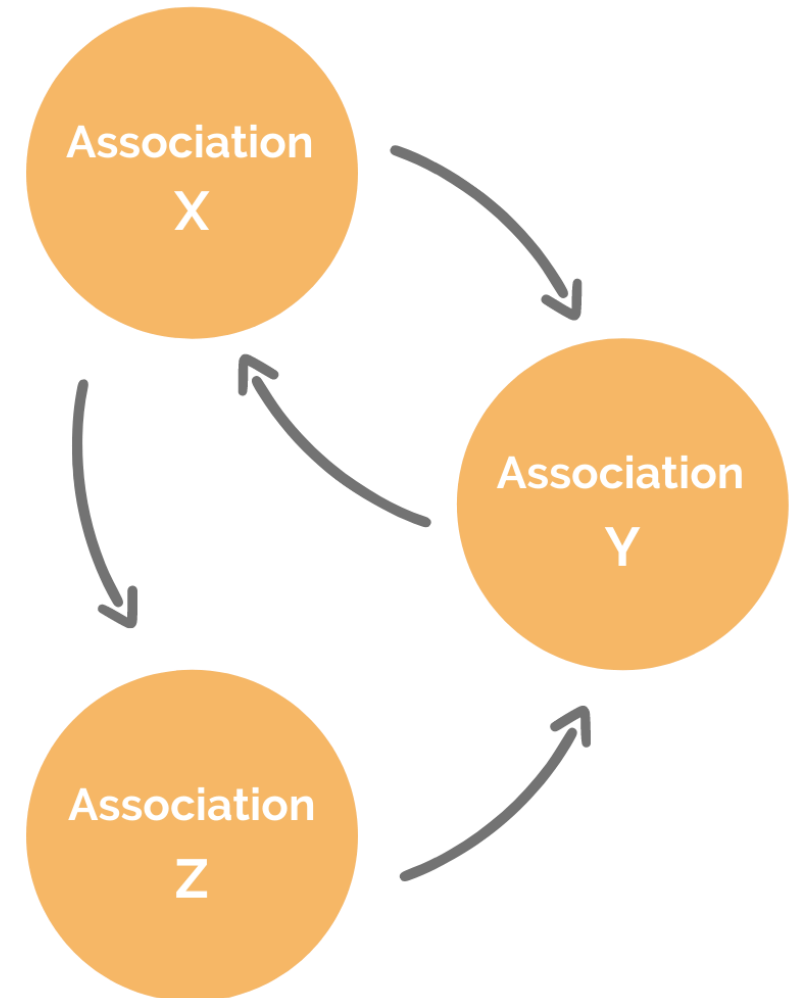
Feb 28

Survey Results

On February 28, we will share the results of the mapping survey for our associations to learn about **what kind of expertise could be shared** with them and **what are the areas others need support in**.

What do you need to do at this stage?

- Check the results of the mapping survey, and try to identify one or more associations that can offer the type of support your association needs
- Check the results of the mapping survey, and try to identify one or more associations that need the type of expertise your association has
- The association you would like to help and the association you would like to receive help from can, but do not necessarily have to, be the same



Mar 16

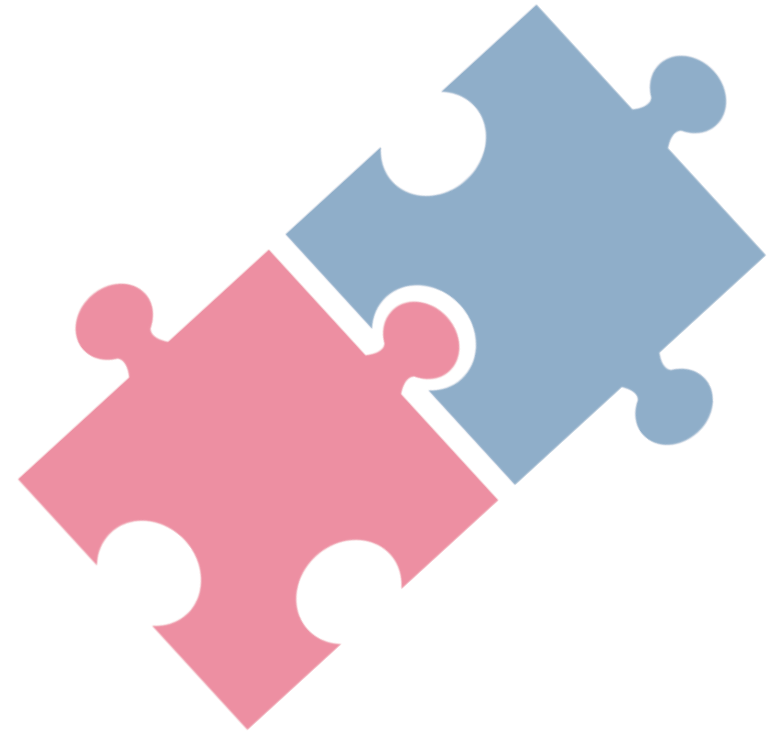
Applications

March 16 is the deadline for submitting your application to participate in the Twinning Programme. The application form will be shared together with the results of the mapping survey.

What do you need to do at this stage?

To **apply to the programme** and to **start the matching process** with one or more associations, you have two options:

- A. **Apply by expressing your preferences** for one or more associations you would like to be matched with. In the form, we will ask you to specify which association(s) you would like to receive support from, and which association(s) you would like to support.
- B. If you are not sure which associations you would like to be matched with, **apply by asking to be matched by IDF Europe** with the association that best fits your competences and needs



Apr 01

Follow up

Before April 1, we will process your applications and we will follow up to set up the **consultations between matching associations** which will lead to the **agreements on the format, topic, and duration of the Twinning Programme**

What do you need to do at this stage?

- Identify who will be representing your association during the consultations
- Think about what is important and feasible for your association in terms of format, topic, and duration of the Twinning Programme
- Think about the type of support that you would like to receive from IDF Europe during the exchange

Get ready to
CONNECT
RECEIVE
and
GIVE
support

Dec 04



Regional Council

The Regional Council on December 4 will be an opportunity for the associations participating in the Twinning Programme to **share** their **experiences** and to present **best practices**. On this occasion, we would love to hear your feedback about the programme and learn what you have achieved.

What do you need to do at this stage?

- Let us know if you would like to participate
- Keep track of your experiences during the Twinning Programme to provide us with feedback



Q&A



More information

You can stay up to date with the phases of the Twinning Programme and find more information on our dedicated website:

Centenary of Insulin – IDF Europe/IDF Europe activities

WWW.INSULIN100.EU

Thank you!

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