What the Future Holds for Diabetes?

Dr Sufyan Hussain

MA MB BChir MRCP PhD

Consultant Physician in Diabetes and Endocrinology and Honorary Senior Clinical Lecturer

Guy's and St Thomas' NHS Foundation Trust & King's College London

Automation in Diabetes

3rd world country, 1991

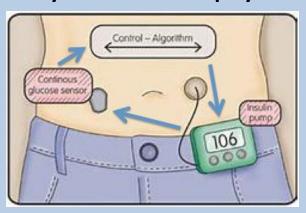






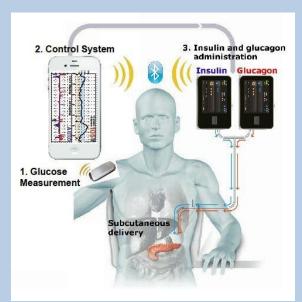


United Kingdom, 2021
4 Commercial Hybrid-Closed Loop Systems in the UK



Where next?

Dual hormone systems
Speed of insulin action
Sensor accuracy
Algorithm improvements and Al
Cost!!!



Tackling access & digital literacy

KEY PRIORITY STRONG IMPLICATIONS ALSO FOR TYPE 2 DIABETES

Non-invasive glucose monitoring





Lower continuous glucose sensors



Smart pens



Smartphone based advisors



Lower cost pumps

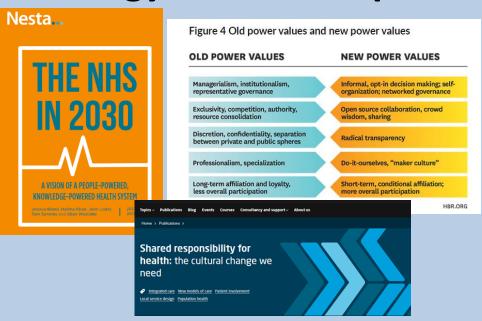


Also...
Oral insulin
Longer acting insulins

Co-producing care?

Technology driven and patient led care models

1990's - cut test strips in half!



"DIY" real-time cgm



"DIY" or Open-source systems



Driver: NEED FOR EMPOWERMENT

Different healthcare access globally
Cost of care
Burden of care
Need for peer support

Online communities & support groups



"PAY IT FORWARD"



