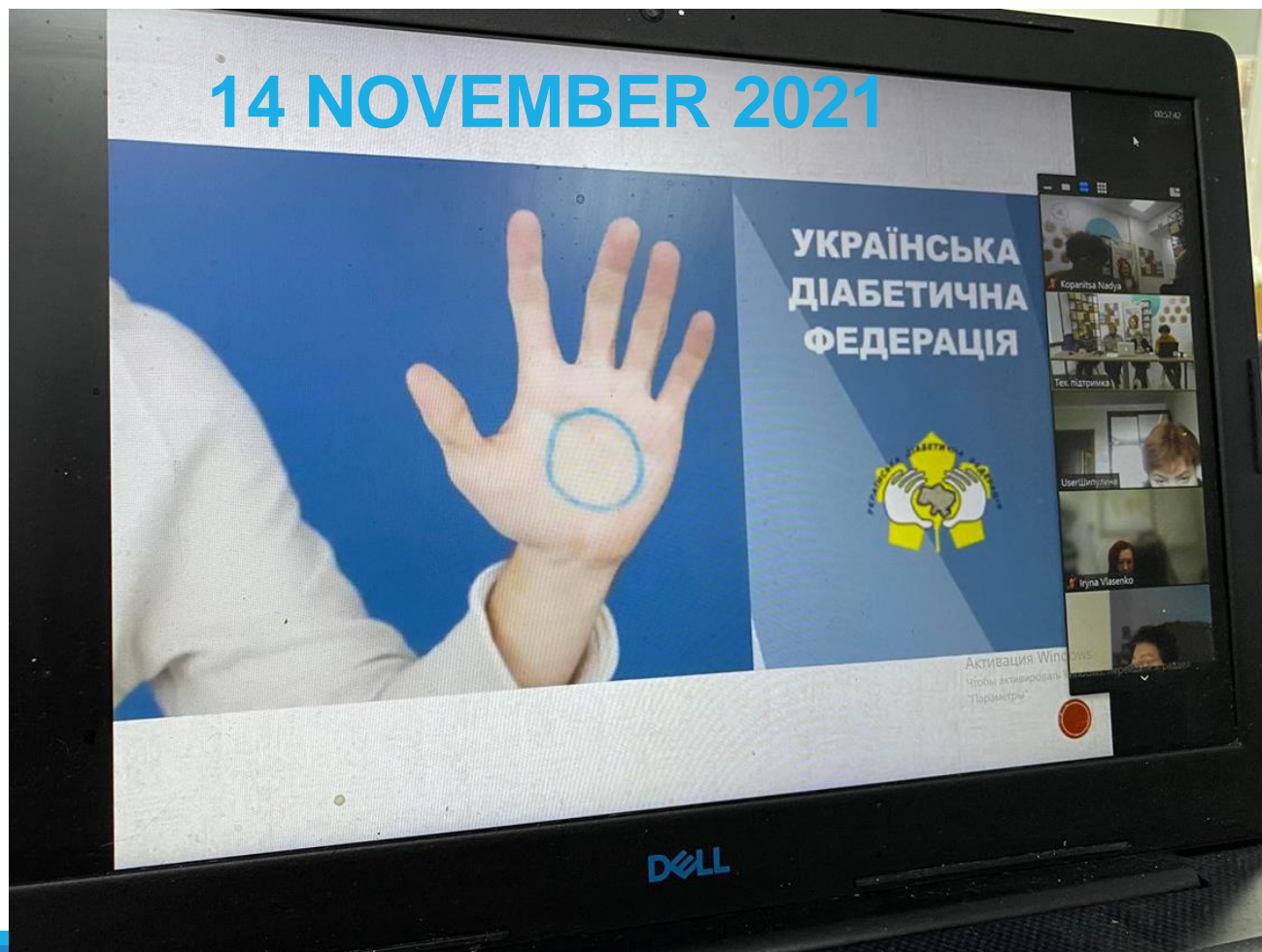


# ROLL CALL IDF EASTERN EUROPE MEMBER ASSOCIATIONS ON WORLD DIABETES DAY



world diabetes day



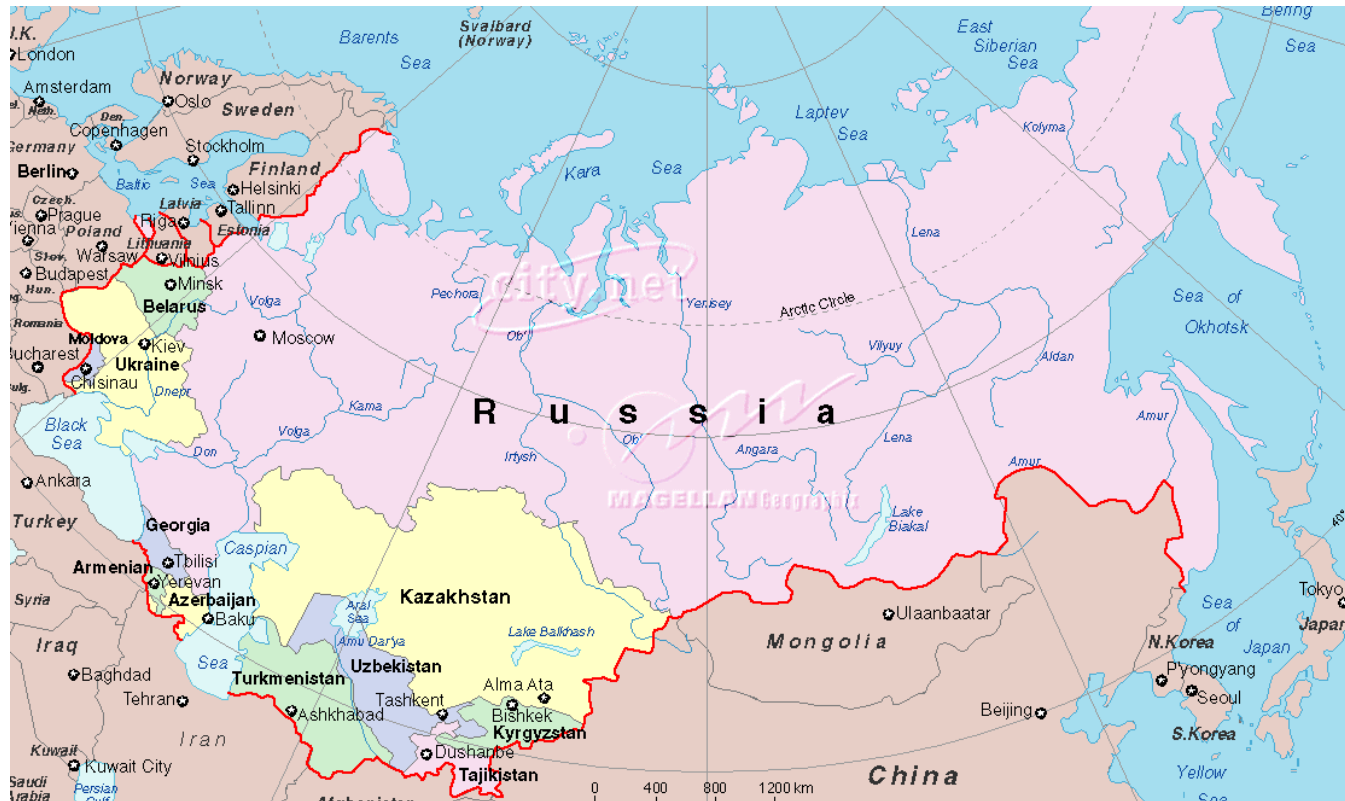
## IDF Europe (EUR) Region 59 countries

**12 Eastern Europe countries (EEC)**, which have 15 IDF MAs + Turkmenistan, Tajikistan

The population of EEC is 296 mill out of 730 mill of the total population of Europe.

**40% of the population of Europe live in the Eastern Europe countries**

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# SUMMIT "UNITY FOR GOOD" STATED 2003 APRIL



CHRONICLE OF PAST YEARS

**Meeting of the heads of the diabetes organizations of the East European under umbrella of the IDF Europe board** (in full force and half of financial support of the meeting) and partnership and half of financial support of Novo Nordisk  
*the Tauride Palace. St. Petersburg, Russian Federation*

# DIABETES PROGRAMM OF THE CIS COUNTRIES

Most (not every) of the EEC are part of the *Commonwealth of Independent States (CIS)* and they have a Main Cooperation Platform for the CIS Parliamentarians - InterParliamentary Assembly.

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МОДЕЛЬНЫЙ ЗАКОН

ОБ ОСНОВАХ МЕДИКО-СОЦИАЛЬНОЙ ЗАЩИТЫ ГРАЖДАН,  
БОЛЬНЫХ САХАРНЫМ ДИАБЕТОМ

Настоящий Закон в соответствии с конституцией государства, общепризнанными принципами и нормами международного права устанавливает правовые, организационные и финансовые основы медико-социальной защиты граждан, больных сахарным диабетом, возлагая на органы государственной власти и органы местного самоуправления обязанности по созданию правовых и социально-экономических гарантий реализации их конституционных и законных интересов в области охраны здоровья.

The program of cooperation between the member states of *The CIS on the prevention and treatment of diabetes* for 2021–2025 **was approved** by the **CIS Economic Council** in December 2020. Countries continue to ratify the Agreement and to implement of the adoption of legislative and other normative legal acts. Goals of these documents are to improve diagnosis, treatment and to protect of the rights and interests of people with diabetes.

*«We can see positive impact for diabetes care of the CIS InterParliamentars interaction.*

*Productive work CIS Parliamentarians - Agreement of the treatment of people with diabetes during COVID» .*

Marina Shipulina RUS

# DIFFERENCE

## Europe

Diabetes report 2000 — 2045

### IDF Diabetes Atlas

10<sup>th</sup> edition 2021

Estimates were made for 59 countries and territories in the IDF Europe (EUR) Region. A total of 60 data countries (Austria, Denmark, Finland, France, Georgia, Greece, , Greenland, Hungary, Lithuania, Mali the past five years.

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People with diabetes (20-79 years)    **2011y:** 52,770 million; **2021y:** 61,425.1 million  
The EUR Region has **the second highest average cost per PWSs (USD 3,086)**.  
In 2021, representing **19.6%** of the total spent worldwide.

### BUT

**The situation in the EEC is strikingly different and varies from country to country**

Lower-middle income economies (KYR UKR UZB)

Upper-middle-income economies (AR AZ BEL GEOR RKZ MO RUSS TJC TURK)

Ukraine is recognized as the **poorest country in Europe**.

In the 2020, the poverty rate among Ukrainians was 51%.



# Finances

Underfunding? - Yes

BUT - Not the last problem

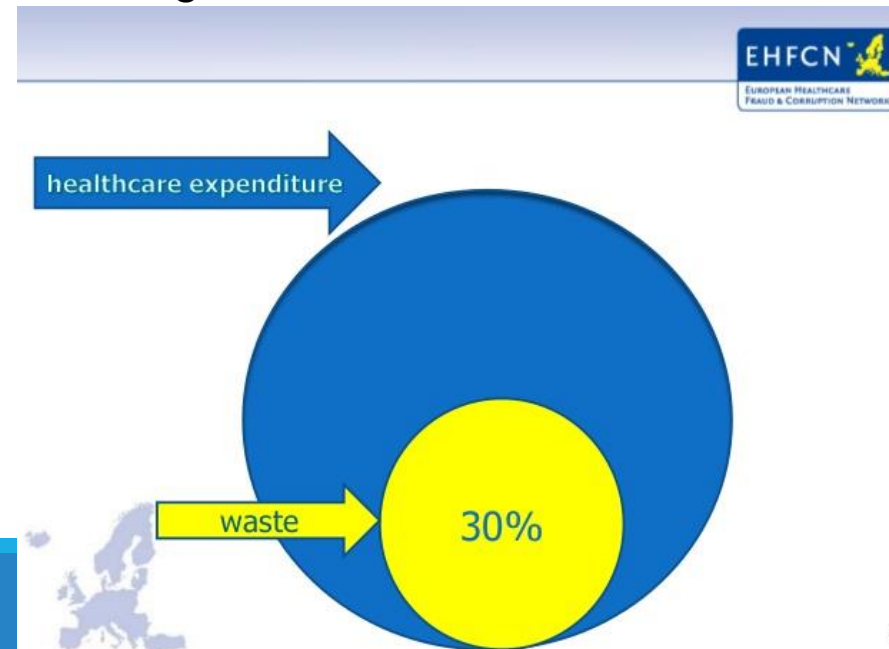
## waste and inefficiency in the Healthcare Systems

Healthcare “Waste” defined “healthcare spending that can be eliminated without reducing the quality of care”

*The New England Health Institute*

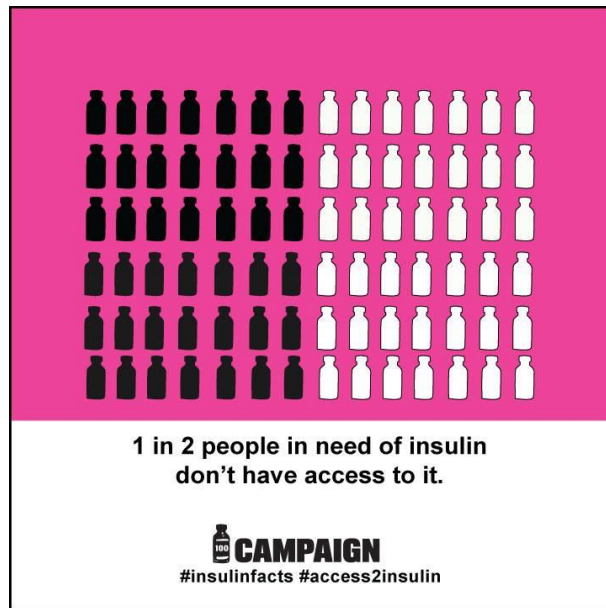
Health Technology Assessment (HTA)  
is not implemented in every EEC  
(only KAZ, RUS, start UKR )

Reimbursement is implemented in  
MOL and UKR



# CONSTRAINTS AND CHALLENGES IN ACCESS TO INSULIN

100 Campaign 13 .11. 2015 r



1 of 2 people who need access don't  
have access

Site IDF, 2021



- [#insulinfacts](#) [#wdd](#) [#access2insulin](#)

# IDF MEMBER ASSOCIATIONS

*«First, a well-considered national program on diabetes is needed more than ever. Second: in this program, the issues of diabetes literacy and now digital literacy and therapeutic education for people with diabetes must be described. This is the only way to get the situation under control».*

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Ruslan Zakoev KAZ

*«Self-managment schools have official status and funding. Training of doctors and patients. Analog insulins predominate in the treatment of types 1 and 2.».*

Rimma Bazarbekova KAZ

*«Biosimilars are not used (Patients receive only genetically engineered human and analog insulins). All children under 18 years receive analogue insulin. Endocrinologist number are not enough. Training of GP doctors and patients. »*

Roza Sultanalieva KGZ

*«A new achievement in Uzbekistan - all children under 18 years receive analogue insulin. A lot of work is done in the training of both doctors and patients»*

Karina Tatinsyan UZB

*«Statistic and Financial matters*

- The crisis requires costs' optimization in order to minimize its negative consequences.*
- Data is everything. eHealth is the perfect solution.*
- How we can easily bridge the digital divide to Improve communication for spreading better experience for becoming a part of European Data Space ASAP»*

Valentina Ocheretenko UKR

*«In Russian Federation, for prevention and for increasing physical activity, Nordic walking is popularized, guidelines for trainers and for the public have been developed»*

Marina Shipulina RUS



# COMMON PROBLEMS OF THE MAs EEC

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- **Lack of statistics and very poor DATA quality**

*A total of 60 data sources from 39 countries were used to generate diabetes estimates among adults in the Region. **Estimates for 14 countries** (Austria, Denmark, Finland, France, Georgia, Greece, , Greenland, Hungary, Lithuania, Malta, Russian Federation, Turkmenistan, United Kingdom, and Uzbekistan) **were based on studies conducted within the past five years.***

- **Lack of national diabetes plans**

*Not every countries have NDP*

*One of the main reason is financial problem.*

- **Lack of diabetes education**

- **Lack of access to new technology including digital and modern medicines, firstly insulin**

*Russian Federation and Republic Kazakhstan*

*have better situation with devices.*

- **Lack of communication**

# IDF ROLE

**IDF Europe region** – We EEC are together

We have common goals, many of the same problems.

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**BUT**

EEC have specific, inherent EEC, due to the common beginning and the process of statehood formation in our countries

**EEC apply to IDF to hear EEC MAs' Voices!**

- Co-operation with EEC should stand up to higher level of strong partnership within Europe. Modern technologies allow us to communicate over the region. Let's start mutual Horizontal Communications.

**All together everyone can achieve more!**

# TNANK YOU FOR ATTENTION !

00:03:44

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Абдылова Назгу... Татинцян Кари...

Ирина Vlasenko Kopanitsa Nadya UserШипулина

Валентина Паламарчук Султаналиева Роза

Абдылова Назгуль Эц при МЗКР Татинцян Каринэ Валерьевна Zulaykho Shamansurova

Ruslan Zakiyev (DARK)

Активация Window  
Чтобы активировать Win  
"Параметры"  
Пригла

4°C Cloudy